

# Passive! Drinking!

**Do  
YOU  
suffer?**

*Confidential Helpline...*

**01 873 2699**



**Al-Anon Family Groups**

Support for families and friends of problem drinkers

**email: [info@alanon.ie](mailto:info@alanon.ie)**

**web: [www.alanon.ie](http://www.alanon.ie)**